## King County 4-H News 919 SW Grady Way, Suite 120 Renton, WA 98055-2980

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### Agents Corner

Let me begin by thanking all of you that have submitted your club's King County 4-H Volunteer Monthly Report. With a little less than half of our clubs reporting, adult volunteer hours total 30,947 and community service hours logged in at 21,093. When these hours are combined, we have contributed 52,040 hours in the community to this date. As of 2002, the dollar value of volunteer time was \$16.54 per hour. Based on those figures, King County 4-H has given back to the community a total dollar value of hours of \$860,741.60. You are making a strong case that our 4-H clubs are doing an outstanding job of serving the residents of King County.

I hope you can see why it is so important for all of our clubs to collect and submit your hours on a monthly basis. We will provide periodic updates on 4-H and it contribution to the well being of King County to the King County Council and the Executive.

Great work!!

Carris

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### Dates to Remember

- April 22 5:30 8:30 Make Up Public Presentations
- April 24 10:00 3:00 County Public Presentations at Crossroads Mall
- April 30 Stillwater Horse Scholarships due
- June 27 30 State Teen Conference in Pullman
- July 21 25 King County 4-H Fair

# Public Presentation Judges Are Needed for County Contest Carey Roos

We still need Judges for the Public Presentation contest at Crossroads Mall on Saturday, April 24<sup>th</sup>. If you are interested and can judge please notify Carey Roos via email at <a href="mailto:Carey.Roos@metrokc.gov">metrokc.gov</a> or by phone at 206-205-3152. If you have any questions feel free to contact me as well. I have not gotten any responses for next Saturday's contest.

### Honduras Bound With Thanks

Elizabeth Tennison

A hearty "thank you" to all of you who contributed items for Senator Pam Roach to take to Honduras. Senator Roach came to our office to receive all 104 bags of these items, which individually numbered in the thousands! Great job, everyone! When Senator Roach was here she shared about the children and their families that these items will be given to. They live in abject poverty and have no resources. All of us in the room asked what more we could do?

So...now, we have the opportunity to positively impact these kids and their families again. Senator Roach leaves for another trip to Honduras at the end of May. She would like to take these additional items with her:

1. Simple picture story books with few words that will have Spanish translation added. These will be used in the after school resource area that the

- senator and her friends are creating. At present, these children have no books! They don't know what a goat or a bunny is or looks like or a cow
- 2. Chewable vitamins for adults and children. We know the Honduran diet for this area consists of beans, ground corn and fruit. One mom there, who had just given birth to her 13th child, had patches of hair falling out of her head for lack of proper nutrients. Costco has the gummy bear kind that American kids like.
- 3. Some girls clothes in size 2, 4 Petite. As the girls there get older, they are very conscious of their appearance. Dressing well will help them be able to have confidence at school (if someone pays for the bus there!) and when trying to find work. Remember that 75 F is considered cool weather in that part of the world!

Any of these items you can collect will be gathered at the office up to and on Project Night, May 20. Senator Roach will pick them up before her departure on May 24. Thank you all for continuing "To Make the Best Better!".

### Fashion Review And Creative Consumer Of Fashion

This annual activity is coming up fast! Judging for both events will happen at the county office on May 15, from 9:30 AM-3:30 PM. Public modeling and awards will take place at Crossroads Shopping Center, NE 8th and 156th NE,in Bellevue on Sunday, May 16 between 3-5 PM. Please put it on your calendars, request the worksheets from the office and contact Elizabeth Tennison at 425-271-3953 or mailto: 4thekidz@comcast.net to register your members or request more information. ALL ENROLLED 4-H MEMBERS ARE INVITED TO PARTICIPATE. Registration Information needed:

- 1. Name of member
- 2. Age division (Primary, Jr., etc.)
- 3. Which contest, or both, will he/she enter.
- 4. Requested time (3 time slots per hour, 2 rooms available)
- 5. If modeling help the day of the event is needed.

Please indicate if you are able to bring a salad, beverage or dessert that day to provide lunch for the judges.

Also, please help your member create a simple, readable, short commentary to be read while they are modeling.

Items that state and county judges would like to see improved upon are:

- 1. Pressing
- 2. Information about fabric used as well as examples of natural and synthetic fabrics, facings, interfacings and grain lines.
- 3. Ability of the member to introduce themselves and talk about their outfit, it's care, cost and difficulties encountered.
- 4. Ability of member to move about the floor confidently during modeling.

BOTH FASHION REVIEW (a sewing activity) AND CREATIVE CONSUMER OF FASHION (a fashion activity, no sewing needed) ARE EVENTS AVAILABLE AT STATE FAIR AND EARN PREMIUM POINTS. OUR EVENT ON MAY 15, 16 QUALIFIES YOU TO PARTICIPATE AT THE STATE LEVEL.

# State 4-H Fair Announces Patch Design Contest

The Washington State 4-H Fair Board is pleased to announce their 2004 Patch Design Contest. The purpose of the contest is to allow 4-H members across the state to show their creativity in designing the fair's commemorative patch. The contest is open to all 4-H members in the State of Washington. The winner of the patch design contest will receive a gift basket of specially selected items. All entries are due by May 1 and should be sent to the State 4-H Fair Office at WSU Puyallup. Additional details on the contest can be found in the attached Contest Guide.

King County 4-H News is sent via the KING4H list serve each week. Archived copies of previous weeks "King County 4-H News" are available on the King County 4-H web site: <a href="http://www.metrokc.gov/wsu-ce/4-H/">http://www.metrokc.gov/wsu-ce/4-H/</a>. Please send submissions by Monday of each week to Carey Roos, King County 4-H Office, mailto:Carey.Roos@metrokc.gov

Attachments: 1 -

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